



IHG Consulting LLC

5/11/2020

Social Distancing Policy for Covid-19 Pandemic

Social distancing is one of the health and safety interventions that will be used to reduce the likelihood of transmitting infectious diseases like COVID-19. Social distancing involves minimizing exposure to infected or potentially infected individuals (workers, vendors, etc.) and the public by avoiding group gatherings, adhering to spacing requirements in the workplace and following proper personal hygiene practices (hand hygiene, coughing/sneezing etiquette).

IHG Consulting LLC will practice social distancing by limiting person-to-person contact to a minimum of 6 feet (6-Foot Rule). All employees will follow the 6-Foot Rule on the jobsite, whether indoors or outdoors. Specific 6-Foot Rule guidelines include:

- Practicing social distancing at all times, including at crew meetings/toolbox talks.
- Avoiding face-to-face meetings whenever possible. Using virtual meetings or conference calls. In person meetings should be 10 people or less. Critical situations requiring in-person discussions will occur outside if possible and must still follow the 6-Foot Rule.
- A “No Congregation” policy is in effect. Maintain social distancing during breaks and when eating.

Other specific guidelines related to this policy include:

- Avoiding enclosed areas like trailers and tight/confined spaces if possible.
 - Multi-person activities will be limited through the use of work practices, unless otherwise infeasible.
 - No food trucks or communal food will be brought onto the site at this time.
 - All employees must practice good hand hygiene by washing their hands often with soap and water for 20 seconds when possible and or using hand sanitizer that is supplied to you by IHG Consulting LLC.
 - Avoid touching your eyes, nose or mouth with unwashed hands.
 - Practice good coughing and sneezing etiquette.
1. Cover your mouth and nose with a tissue when you cough or sneeze.
 2. Put your used tissue in the trash.
 3. If you don't have a tissue, cough or sneeze into your upper sleeve (crook or your arm), not your hands.